

PRIVATE

Yoga

INSTRUCTION



*Relax, unwind, rejuvenate.
Find your authentic self.*

*Certified Yoga Instructor
Susana McGuire Jewell offers the
experience of Yoga in our glorious
resort-style Carmel Valley home.*

Private classes \$80 for 90 minutes
Small groups welcome for semi-private.
Series of 6 individual sessions \$432
(10% discount)
All Levels

REVERSE THE AGING PROCESS WHILE ENHANCING YOUR STATE OF SERENITY...
GET PEACEFUL, GET STRONG • MASSAGE & RAW CUISINE OPTIONS AVAILABLE

PLEASE CALL SUSANA WITH ANY QUESTIONS: 831.239.2594
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